

UFC HEAVYWEIGHT PHENOM CAIN VELASQUEZ P.102 + PLUS JASON "MAYHEM" MILLER

# FIGHT!



MIXED MARTIAL ARTS LIFE

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**SOKOUDJOU, BABALU,  
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**WHO'S NEXT?**

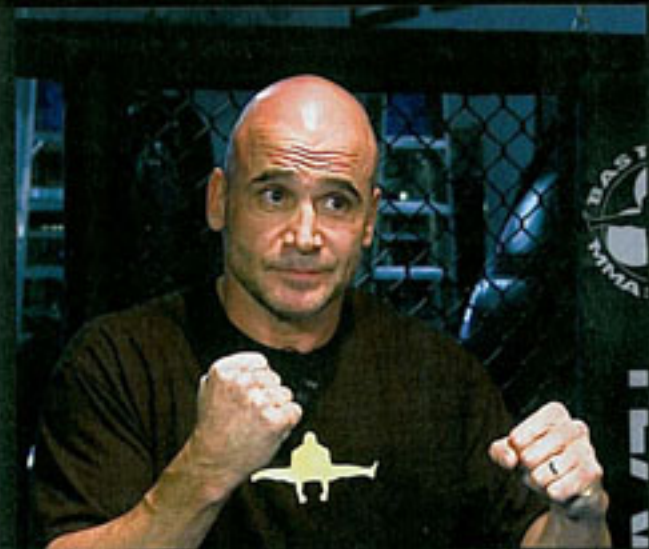
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## THIS MONTH ON FIGHTMAGAZINE.COM



This month, Fightmagazine.com will roll out the second set of videos in our FIGHT! Life series featuring Bas Rutten. In these videos, the former UFC Heavyweight Champion and King of Pancrase discusses being bullied as a kid, his experiences as a night club bouncer, the short time he spent in jail, and his fighting legacy. There's one more video that will be unleashed on MMA Nation but we can't give you any details on it; all we can say is that "El Guapo" likes to dance. Go to [www.fightmagazine.com/bas-rutten](http://www.fightmagazine.com/bas-rutten) to watch the clips.



### ONLINE EXCERPT

The first time I deployed to Afghanistan with the 75th Ranger Regiment I was knocked down by a Taliban. Let me tell you this, when you have fifty pounds of equipment and another ten pounds of ammo, plus your weapons, you're not going to be hitting any [expletive] gogoplatas from the rubber guard. I was ready to pull triggers, but I wasn't ready for that. We want you to be ready. Ranger Up's Tom Amenta, speaking to Marines at a Train the Troops event. Read the story at [fightmagazine.com](http://fightmagazine.com).



### SWEET TWEETS

**@ACCBiggz**  
@fightmagazine  
Maybe I should just kick it with the Jackson's MMA Nipple Tweak. [re: Settling on an appropriate celebration for winning a FIGHT! online contest.]

**@RyanTICAL**  
@fightmagazine  
Manfood = Twelve \$1 Double-Cheeseburgers from Burger King; large fries and blobs of Ketchup on his stomach to dip. [re: Roy Nelson's unpaid endorsement of Burger King at [YouTube.com/fightmagazine](http://YouTube.com/fightmagazine).]

**@TriCoastaMMA**  
Follow @fightmagazine, the only magazine we subscribe to; buy the new issue at Borders or subscribe! #MMA [re: Our awesomeness.]

### FOLLOW FIGHT!

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### FIGHT! MAG MINUTE

To busy to hang out on blogs to catch every fight announcement, result, or news tidbit that hits the wire? FIGHT!'s got your back. Each weekday Danny Acosta will gather up all the news that's fit to print, slam it in a 90 second podcast and bada-bing, you're caught up. Head over to the iTunes store, search for FIGHT!



"I don't want anybody to go out and try and claim that, that's mine."—Chris Lytle when he was asked by Danny Acosta who else in the UFC's welterweight division brings an exciting fight time every time they step into the cage. Watch the entire video at [YouTube.com/fightmagazine](http://YouTube.com/fightmagazine).

### PHOTO GALLERY

FIGHT! is on the scene at all the major fights and parties. Relive the action through our photo galleries [www.fightmagazine.com/mma-photos](http://www.fightmagazine.com/mma-photos).



# DO & DIE

